

Our Recommended Reads

Our Favourite Employee Engagement books

<p>Drive – Dan Pink</p>  <p>In this book, Pink shares the surprising truth about what motivates people.</p>	<p>Flourish – Martin Seligman</p>  <p>Understanding happiness and well-being ...and how to achieve them.</p>	<p>Start With Why – Simon Sinek</p>  <p>A firm favourite here at People Lab, this book will teach you new ways to engage and inspire people – starting with how to find your 'why'.</p>	<p>Malcom Gladwell – The Tipping Point</p>  <p>How little things can make a big difference.</p>
<p>Quiet: The Power of Introverts in a world that can't stop talking – Susan Cain</p>  <p>Having been overlooked for too long, this book explains why it's time to listen and harness the power of introverts.</p>	<p>Get Some Headspace – Andi Puddicombe</p>  <p>A different take on meditation and mindfulness that you can easily incorporate into busy lives. 10 minutes can make all the difference.</p>	<p>Stumbling on Happiness – Daniel Gilbert</p>  <p>Gilbert combines psychology, neuroscience, economics and philosophy to describe how the human brain imagines its future – and how well (or badly) it predicts what it will enjoy.</p>	
<p>The Happiness Advantage – Shawn Achor</p>  <p>Seven Principles of Positive Psychology that Fuel Success and Performance at Work</p>	<p>Lean in: Women, Work, and the Will to Lead – Sheryl Sandberg</p>  <p>This bestseller has ignited global conversations about women and ambition.</p>	<p>The Trusted Advisor – David H Maister</p>  <p>Why the key to professional success goes well beyond technical mastery or expertise.</p>	<p>Employee Engagement – Emma Bridger</p>  <p>(Well we couldn't really leave this one out could we!?) This practical guide includes case studies, best practice as well as hints, tips and activities to develop employee engagement in any organisation.</p>

Which books will you be asking Santa for this year?